



LEARNING SKILLS

COURSES · CLASSES · SUPPORT

Free local and online routes to build digital confidence

7.9M

UK adults lack Foundation-level essential digital skills.

Source: Good Things Foundation, Digital Nation / datasets briefing.

ESSENTIAL RESOURCES

scan, share, refer

1

Learn My Way

Free beginner learning for internet basics, email, passwords, forms and safer daily use.
learnmyway.com



2

OpenLearn

Free Open University digital-skills study with flexible pacing and a statement of participation.
open.edu/openlearn



3

Bournemouth & Poole College

LOCAL

Adult computing and IT routes, from introductory study to qualifications and progression.
thecollege.co.uk/adults



4

Dorset Council - Improve Your Skills

LOCAL

Council help page linking to Digital Champions, free courses and local digital-skills support.
dorsetcouncil.gov.uk/improve-your-digital-skills



5

BCHA - Digital Discovery

LOCAL

BCHA Learn routes for digital life skills, confidence, employability and supported learning.
bcha.org.uk/bcha-learn



6

Skills & Learning

LOCAL

Adult community education in BCP and Dorset, with beginner digital courses and progression.
skillsandlearningace.com



All resources clickable at: dis26.org/resources